

高 效 记 单 词

—— **sist**




大家的英语基础如何？

1. 小学
2. 初中
3. 高中
4. 大学
5. 六级以上

适合人群

1. 各类在校考生（初中，高中，大学，研究生，博士）
2. 备考英语等级的考生（四六级，雅思，托福，**BEC**）
3. 从事英语教育事业的人群（考教师资格证）
4. 自考生（自考本科，英语**2**，公共英语）
5. 英语爱好者



直播课课程表

周一 晚**7:30** 新概念英语四

适合人群：**高考 四六级 考研 雅思托福BEC**

周二—周天 单词 语法 发音

适合人群：**单词 口语 发音 听力 语法不好的同学**





英语晓莉老师

1
四级
六级

2
考研英语

3
雅思
托福

4
BEC
高级

5
港中大
硕士

6
知名机构
最佳老师奖

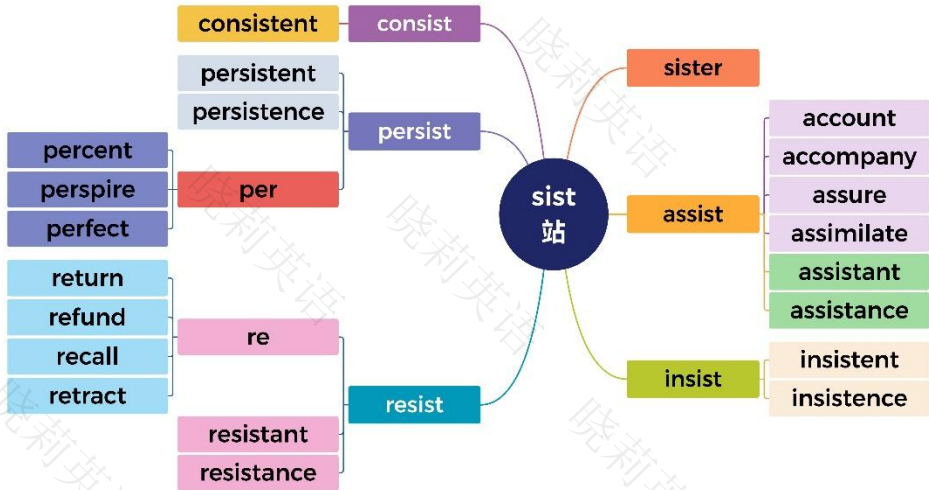
7
全网600万
粉丝

8
全球30万
学员

9
一千学员
是老师

高 效 记 单 词

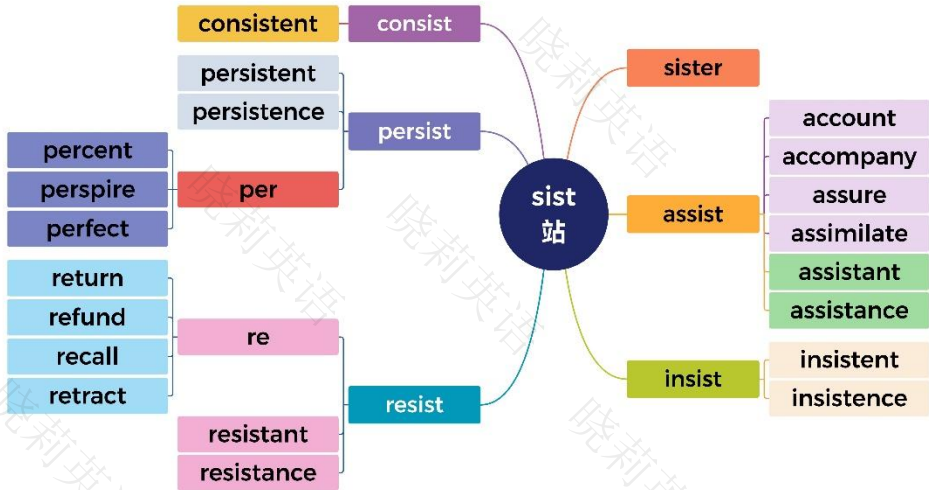
—— **sist**



小试牛刀

This statement is not _____ with what you said at yesterday's meeting.

- A. consist**
- B. consistent**
- C. insistent**
- D. resistant**



sister / 'sɪstə /

n. 姐姐，妹妹；（称志同道合者）姐妹，女教友

初中/高中/CET4/CET6/考研

- ✓ **younger sister**
- ✓ **older sister**
- ✓ **half sister**

assist / ə'sist /

v.帮助，协助；

高中/CET4/CET6/考研/IELTS/GMAT

- ✓ **account**
- ✓ **accompany**
- ✓ **assure**
- ✓ **assimilate**

assist / ə'sɪst /

v.帮助，协助；

高中/CET4/CET6/考研/IELTS/GMAT

- ✓ **If everybody assists, the job will get done quickly.**

assistant / ə'sɪstənt /

n.助理，助手；店员，售货员

初中/高中/CET4/CET6/考研/IELTS/TOEFL/商务英语

- ✓ **This is my assistant.**
- ✓ **shopping assistant**
- ✓ **TA teaching assistant**

assistance / ə'sistəns /

n.帮助, 援助

高中/CET4/CET6/考研/IELTS/TOEFL/GRE

- ✓ **medical assistance**
- ✓ **financial assistance**
- ✓ **technical assistance**

小试牛刀 (六级真题)

Without _____, the victim can destroy his life.

- A. assist**
- B. assistance**
- C. assistant**
- D. sister**

insist / in'sist /

初中/高中/CET4/CET6/考研/IELTS/TOEFL/商务英语

v.坚决要求，坚持认为（内心深处站在这一边）

- ✓ **I insist on paying for the damage.**
- ✓ **She insisted on staying real.**

insistent / ɪnˈsɪstənt /

CET4/CET6/GRE

adj.坚持的，坚决要求的；

- ✓ **The teacher is insistent that the school is not to blame for the situation.**
- ✓ **insistent demands**

insistence / in' sistəns /

CET4/CET6/TOEFL/GRE

n.坚决要求，坚持主张

✓ **At her insistence , the matter was dropped.**

小试牛刀

In spite of the rain he was _____ on going out.

- A. insist
- B. insistent
- C. insistence
- D. assist

resist / rɪ'zɪst /

高中/CET4/CET6/考研/IELTS/TOEFL/GMAT

v.阻挡，抵制；抵抗，



resist / rɪ'zɪst /

高中/CET4/CET6/考研/IELTS/TOEFL/GMAT

v.阻挡，抵制；抵抗，(往回，往反方向站)

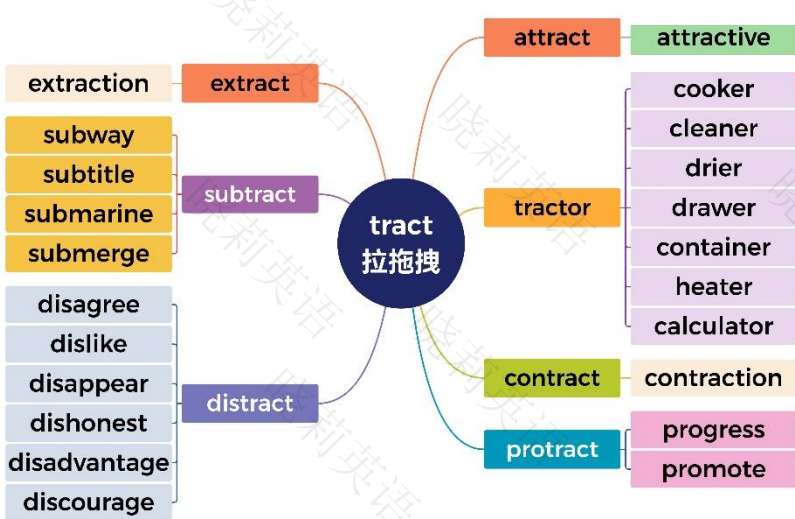
re- 往回 反向

Return my car

Give me a **refund**

Product **recall**

Can you **recall** what happened?



retract / rɪ'trækt /

TOEFL/GRE/SAT

v. 缩回 缩进

Don't say anything you may have to retract.

I want you to retract that email.

retract one's statement

retract the report

resist / rɪ'zɪst /

高中/CET4/CET6/考研/IELTS/TOEFL/GMAT

v.阻挡，抵制；抵抗，

- ✓ **I can never resist chocolate.**
- ✓ **The computers resisted the virus.**
- ✓ **resist the temptation**

resistant / rɪ'zɪstənt /

CET4/CET6/考研/IELTS/TOEFL/SAT

adj. 抵抗的，反抗的；有抵抗力的，

- ✓ **Why are you so resistant to change?**
- ✓ **a disease-resistant variety of tomato**
- ✓ **a stain-resistant carpet**

resistance / rɪˈzɪstəns /

高中/CET4/CET6/考研/IELTS/GMAT/SAT/商务英语

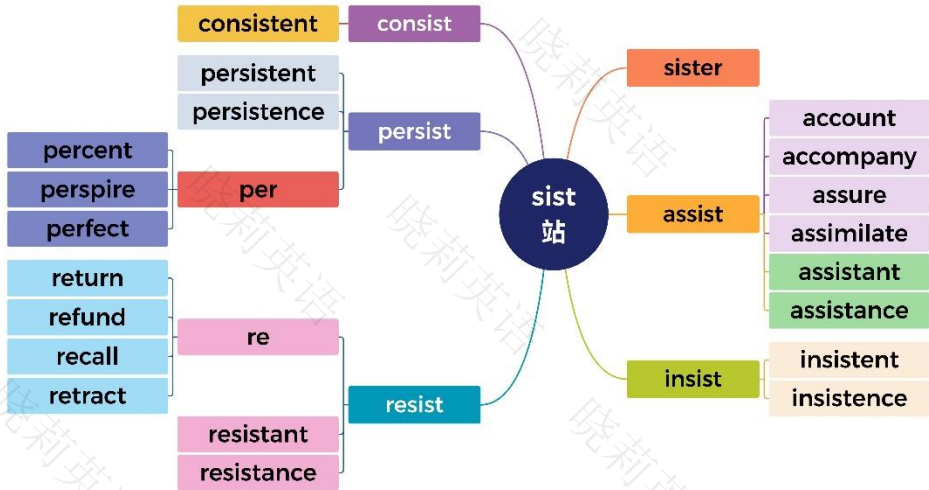
n.反对，抵制；抵抗，

- ✓ **There's a lot of resistance to the idea of a united Europe.**
- ✓ **resistance to disease**

小试牛刀

There should be no _____ to the new management structure.

- A. insistent**
- B. resistant**
- C. resistance**
- D. resist**



persist / pər'sɪst /

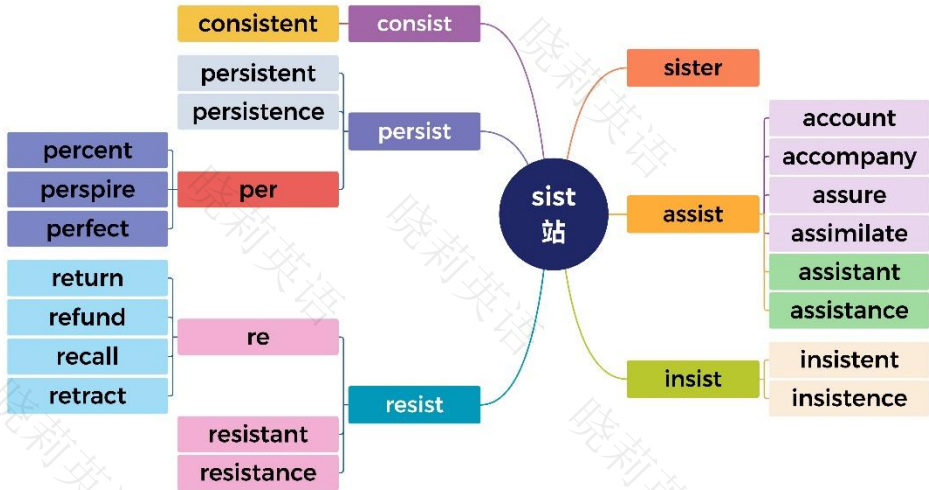
高中/CET4/CET6/考研

/IELTS/TOEFL/GRE/GMAT/商务英语

v. 持续；坚持

✓ **She persists in setting strict demands on herself.**

✓ **Whatever you do, persist.
Go for it.**



persistent / pər'sɪstənt /

CET4/CET6/IELTS/TOEFL/GRE/SAT

adj.执意的，坚持不懈的；持续的，

✓ **She's been persistent from the very beginning.**

persistence / pər'sɪstəns /

CET4/CET6/GRE

n.继续存在，维持；坚持不懈

- ✓ **My great strength is a combination of enthusiasm and persistence.**
- ✓ **He achieved success through dogged persistence.**

小试牛刀

Nothing can be achieved without dogged

_____.

- A. resistant**
- B. persistent**
- C. resistance**
- D. persistence**

consist / kən'sɪst /

高中/CET4/CET6/考研/IELTS/TOEFL

v.由.....组成，由.....构成；存在于

- ✓ **What did the subject matter consists of? (托福听力)**
- ✓ **This cake consists mainly of sugar, flour, and butter.**

consist / kən'sɪst /

高中/CET4/CET6/考研/IELTS/TOEFL

v.由.....组成，由.....构成；存在于

✓ **The beauty of the city consists in its magnificent buildings.**

consistent / kən'sɪstənt /

高中/CET4/CET6/考研

/IELTS/TOEFL/GRE/GMAT/商务英语

adj.始终如一的，一贯的；（一直站在一起）

- 1. His action is always consistent with his words.**
- 2. What you say is not consistent with what you do.**

consistent / kən'sɪstənt /

高中/CET4/CET6/考研

/IELTS/TOEFL/GRE/GMAT/商务英语

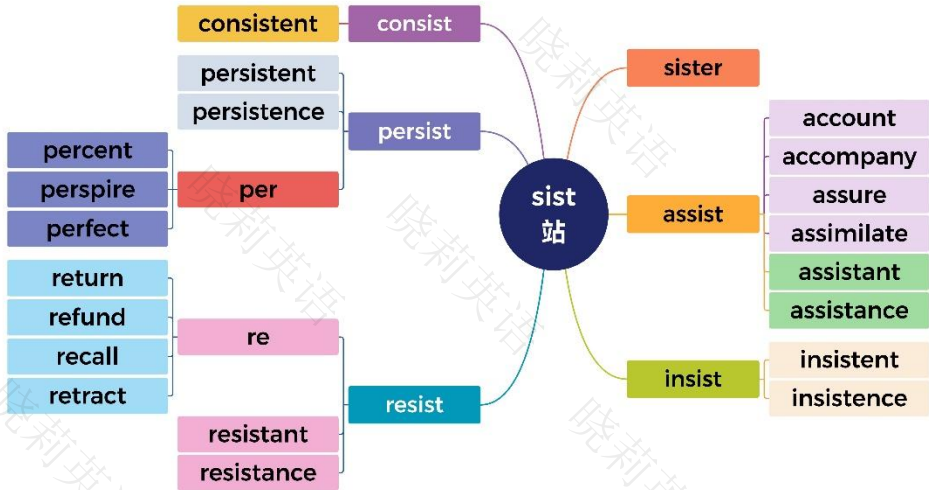
adj.始终如一的，一贯的；**肯誓死等他**

- 1. She is a consistent girl in her feeling.**
- 2. Be persistent! Be consistent!**

小试牛刀

This statement is not _____ with what you said at yesterday's meeting.

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- B. consistent**
- C. insistent**
- D. resistant**



spect
看

aspire

aspect

inspect

inspector
inspection

suspicious

suspect

expect

expectation

delicious

serious

precious

anxious

previous

respect

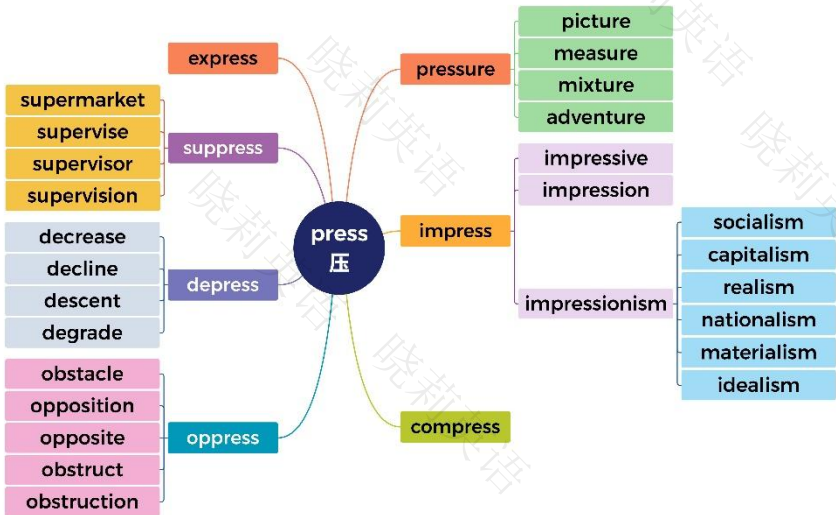
respectable
respectful
respective

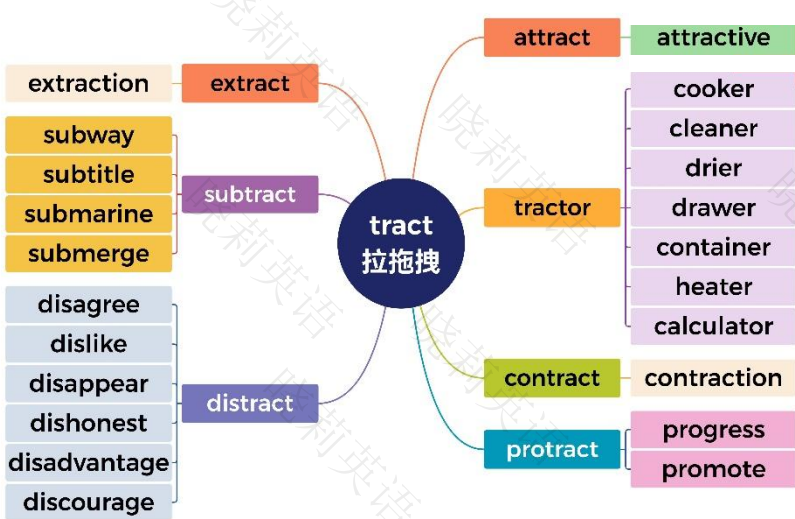
spectator

spectate

prospect

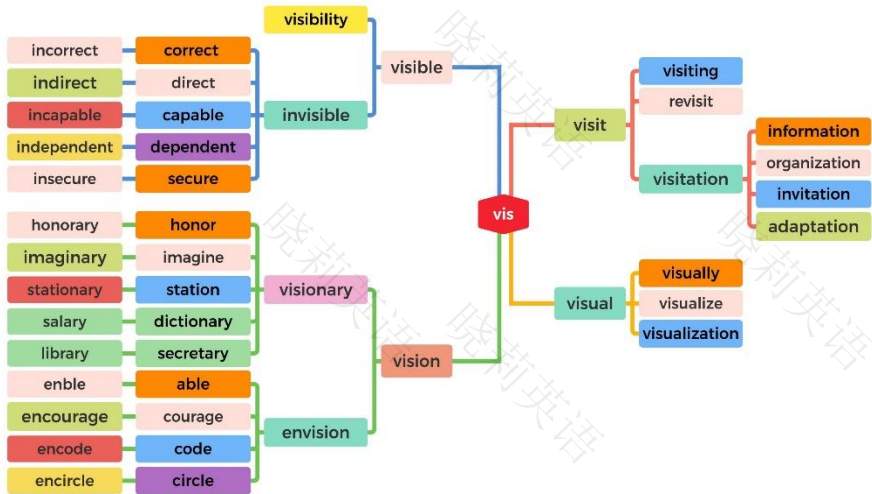
progress
promote
protract

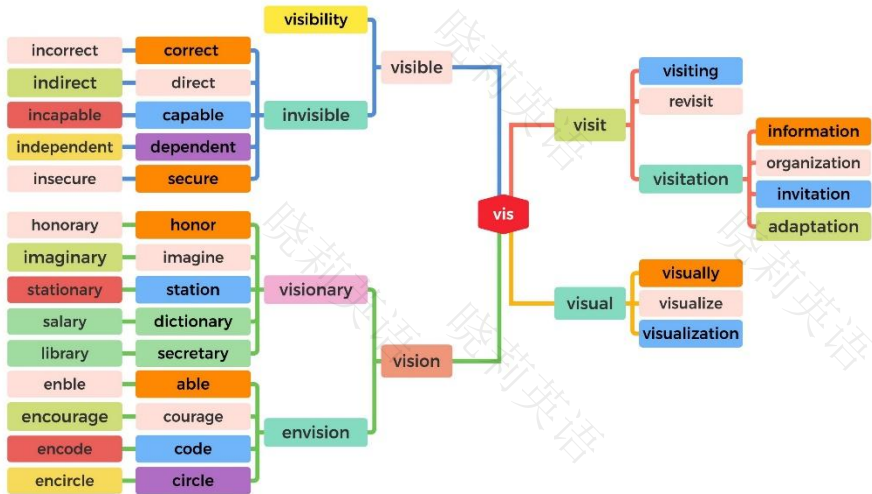


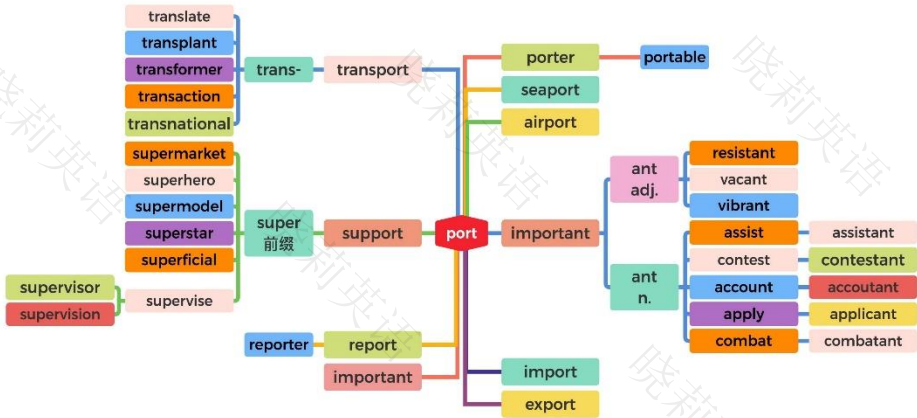


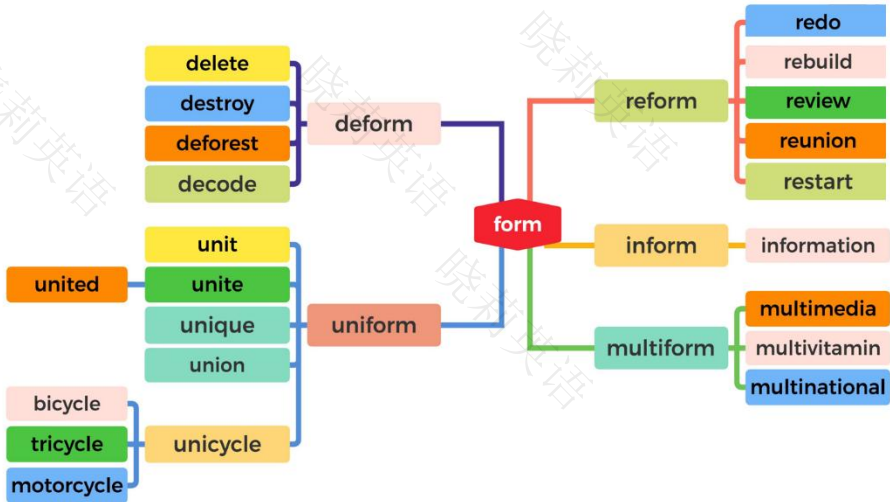


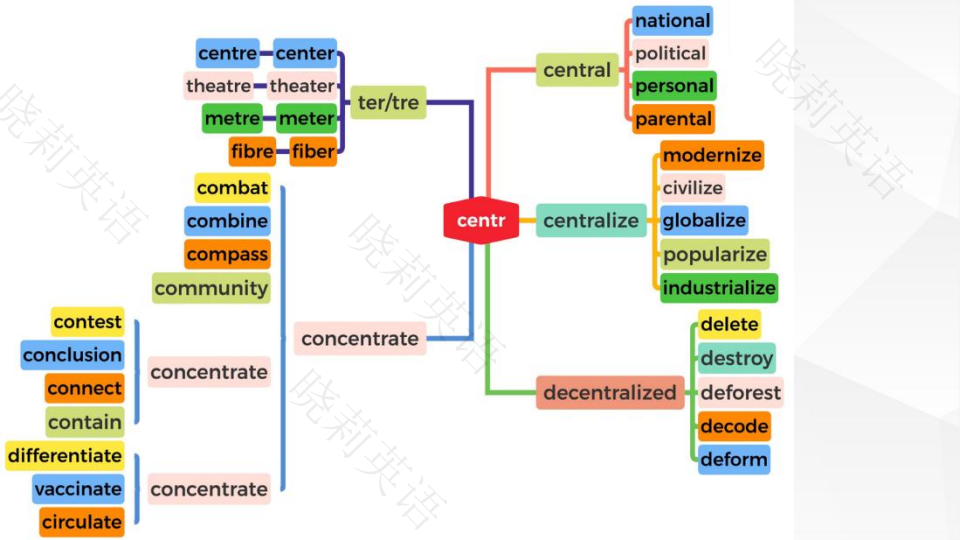














感谢您的观看

Thank you for watching.