

# UNIT 7

## My day

### 我的一天



#### 初阶训练

- 根据拼读规则，抄写下列单词，每个单词抄写两遍。

*eat break-fast*

[i:t] ['brek] [fəst]

[i:t] ['brek] [fəst]

[i:t] ['brek] [fəst]

*have class*

[hæv] [kla:s]

[hæv] [kla:s]

[hæv] [kla:s]

*play sports*

[pleɪ] [spo:ts]

[pleɪ] [spo:ts]

[pleɪ] [spo:ts]

do mor-ning e-xer-ci-ses

[du:] ['mɔ:] [nɪŋ] ['e] [ksə] [saɪ] [zɪz]

.....  
.....  
.....

[du:] ['mɔ:] [nɪŋ] ['e] [ksə] [saɪ] [zɪz]

.....  
.....  
.....

[du:] ['mɔ:] [nɪŋ] ['e] [ksə] [saɪ] [zɪz]

eat din-ner

[i:t] ['dɪ] [nə(r)]

.....  
.....  
.....

[i:t] ['dɪ] [nə(r)]

.....  
.....  
.....

[i:t] ['dɪ] [nə(r)]

clean my room

[kli:n] [maɪ] [ru:m]

.....  
.....  
.....

[kli:n] [maɪ] [ru:m]

.....  
.....  
.....

[kli:n] [maɪ] [ru:m]

go for a walk

[gəʊ] [fə] [ə] [wɔ:k]

.....  
.....  
.....

[gəʊ] [fə] [ə] [wɔ:k]

.....  
.....  
.....

[gəʊ] [fə] [ə] [wɔ:k]

go shop-ping

[gəʊ] ['ʃɒ] [pɪŋ]

.....  
.....  
.....

[gəʊ] ['ʃɒ] [pɪŋ]

.....  
.....  
.....

[gəʊ] ['ʃɒ] [pɪŋ]

take a dan-cing class

[teɪk] [ə] ['dɑ:n] [sɪŋ] [kla:s]

.....  
.....  
.....

[teɪk] [ə] ['dɑ:n] [sɪŋ] [kla:s]

.....  
.....  
.....

[teɪk] [ə] ['dɑ:n] [sɪŋ] [kla:s]



## 中阶训练

- 将下列单词与其对应的音标和词意连线。(第一题为示例)

### A

单词	音标	词意
play sports	[i:t 'dɪnə(r)]	上舞蹈课
eat breakfast	[pleɪ spɔ:ts]	吃早饭
take a dancing class	[gəʊ fə ə wɔ:k]	进行体育运动
go for a walk	[i:t 'brekfəst]	吃晚饭
eat dinner	[teɪk ə 'dɑ:nsɪŋ klɑ:s]	散步

### B

单词	音标	词意
have class	[hæv klɑ:s]	做早操
do morning exercises	[gəʊ 'ʃɒpɪŋ]	上课
go shopping	[kli:n maɪ ru:m]	购物
clean my room	[du: 'mɔ:nɪŋ 'eksəsaɪzɪz]	打扫我的房间



## 高阶训练

- 根据图片，用本单元所学词汇的适当形式完成句子。（每空一词）



1. Sarah usually \_\_\_\_\_  
\_\_\_\_\_ at 8 o'clock.



2. I \_\_\_\_\_ an English  
\_\_\_\_\_ on Friday.



3. In the afternoon, I \_\_\_\_\_  
\_\_\_\_\_ with my friend.



4. When do you \_\_\_\_\_  
\_\_\_\_\_ ?



5. John often \_\_\_\_\_  
\_\_\_\_\_ at home.



6. I often \_\_\_\_\_  
\_\_\_\_\_ on Saturdays.



7. She always \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ on Sundays.



8. I sometimes \_\_\_\_\_  
\_\_\_\_\_ with my mom.



9. Amy usually \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ on the weekend.